

Birth Control Review – Fill in the Blanks – Student Worksheet

Public Profile

Unit 3

Activity #4

Teaching/Learning Strategy #2

Birth Control: What do you know?

Fill in the blanks:

1. The _____ is made of artificial hormones, prevents ovulation and is taken orally.
2. _____ is made of artificial hormones, prevents ovulation and is an injection that is given by a medical professional every three months.
3. The _____ traps and absorbs sperm, blocks entry of sperm into the cervix and chemically kills sperm.
4. The _____ is a round, flexible rubber cap that is always used with a spermicidal gel or cream and blocks the entry of sperm into the cervix.
5. The mechanism of the _____ is unclear but it is thought to stop sperm from reaching the egg and changes the lining of the uterus to prevent implantation of a fertilized egg.
6. _____ are tubes of latex rubber worn over the erect penis, and are available over the counter and are the best method of STD protection.
7. The _____ is a plastic sheath that provides covering for the vagina for pregnancy and STD protection.
8. The only 100% effective method of birth control is _____.
9. Condoms come in _____ and _____. They both help protect against pregnancy but the _____ is the only kind that protects against transmission of STDs.
10. The _____ is similar to the diaphragm but it is smaller and fits more closely to the cervix.
11. _____ is the name for female sterilization.
12. _____ is the name for male sterilization.
13. The barrier methods provide a block between the sperm and the egg. Two examples are _____ and _____.
14. Two forms of spermicide are _____ and _____.
15. Spermicides usually contain sperm-killing chemicals called _____.
16. _____ consists of rods of artificial hormones implanted in the skin of the arm.
17. _____ must be taken within three days after unprotected sex to stop the sperm from meeting the egg and stopping the egg from attaching to the uterus.
18. The _____ is a T-shaped piece of plastic inserted into the uterus by a physician.
19. The _____ may increase the risk of a tubal infection called PID (pelvic inflammatory disease) that can lead to infertility.
20. Most birth control methods provide little protection against _____.

*Adapted from York Region Health Services – July 2000.