



Eden an Alternative Public Secondary School

535 Lake St. Unit 1, St. Catharines, Ontario L2N 4H7

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Darrell Gillespie, Principal

Cairine Coulis-Brown, Vice Principal

Eden Track & Field 2006

Eden's Track & Field team will be attending the following meets as part of the championship series. For all meets that are at West Park it is expected that students meet at the track at 8:30am rather than going to Eden in the morning. The meets will last all day. For more details about specific race times check our website: <http://www.edenhigh.ca/track>

If you have any questions or concerns, please let me know at the school. You can reach my voice mail at (905)646-9884 x300, via email: steve.moran@dsbn.edu.on.ca.

Thank-you!
~ Mr Moran

Date	Name	Who Advances	Location/Time
Thurs. May 4 th	Preliminaries	Top 16 ind/ 8 relays	West Park / 8:15am
Thurs May 11 th	Zone	Top 5	West Park / 8:15am
Thurs May 18 th	SOSSA	Top 5	Crystal Beach / TBD
May (25 th / 27 th)	SOSSA Regional	Top 4	West Park / TBD
June 1 st , 2 nd , 3 rd	OFSAA		Etobicoke Centennial / TBD

Please select the event(s) that you want to compete in.

- | | | | |
|-------------------------------|---|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> 100m | <input type="checkbox"/> 1500m | <input type="checkbox"/> Int Hurdles | <input type="checkbox"/> Discus |
| <input type="checkbox"/> 200m | <input type="checkbox"/> 3000m | <input type="checkbox"/> (3/400m) | <input type="checkbox"/> High jump |
| <input type="checkbox"/> 400m | <input type="checkbox"/> Steeplechase | <input type="checkbox"/> Shot Put | <input type="checkbox"/> Long Jump |
| <input type="checkbox"/> 800m | <input type="checkbox"/> Sprint Hurdles | <input type="checkbox"/> Javelin | <input type="checkbox"/> Triple Jump |

*** If you want to participate in more than one event please mark them by priority (in case of schedule conflicts) 1 = the event you want to do most.*

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I hereby give permission for my (Son/Daughter) _____ to participate with the Eden track & field team on April 27th.

Teacher in charge: Mr Moran

Cost: \$20

(signature of parent)

NOTE: Students will not be permitted to go to meets without signed permission form.
Eden uniforms will not be required while away from the school.